

## Inspiring Videos

{rokbox title=|Homegrown Revolution (2008)|size=|390 340|  
thumb=|images/homegrown.jpg|}http://www.youtube.com/v/yEvHVXoNZCE&hl=en&fs=1{/rokbox}

Homegrown Revolution (2008) is a film short that gives a brief introduction to the Dervaes Family's urban homestead which they call "Path to Freedom." On this tiny city lot, a beautiful and productive oasis was created, producing 6,000 lbs of food annually and is a model of urban sustainability.

{rokbox title=|Worlds Nest Media/Elevate Films|size=|390 340|  
thumb=|images/worldsnest.jpg|}http://www.youtube.com/v/jkB\_L03gfcQ&hl=en&fs=1{/rokbox}

Worlds Nest Media/Elevate Films. Presents a story of sustainable team of professionals who are changing the way the world looks at Green/Eco/Sustainable Living. Implementing Technologies all around the world. Worlds Nest Plant to Plate focusing in Developing countries Road/Housing/Agricultural Infrastructure creating higher quality of life developing small scale economies on a case by case individual eco/human/cultural-friendly way.

{rokbox title=|THE SHIFT Movie Trailer| thumb=|images/metacafe.jpg|size=|390 340|  
album=|demo|}http://vimeo.com/1682263{/rokbox}

The Shift proposes that we are living through the birth of the largest political movement in human history and that this movement is part of a necessary evolution of humankind. The makers of the movie make a passionate, compelling, and ultimately hopeful case for engaging in change. The trailer for the movie already features an impressive list of activists, political leaders and thinkers, including Archbishop Desmond Tutu and Al Gore. Unfortunately, there is one hitch, the film is not yet finished.

Go to the official website: <http://www.theshiftmovie.com>

{rokbox title=|Video Trailer|size=|390 340|  
thumb=|images/foodmatters.png|}http://www.youtube.com/watch?v=r4DOQ6Xhqss{/rokbox}

"Let thy Food be thy Medicine and thy Medicine be thy Food." -- Hippocrates

That's the message from the founding father of modern medicine echoed in the controversial new documentary film 'Food Matters' from first-time Producer-Directors James Colquhoun and Laurentine ten Bosch.

With nutritionally-depleted foods, chemical additives and our tendency to rely upon pharmaceutical drugs to treat what's wrong with our malnourished bodies, it's no wonder that modern society is getting sicker. 'Food Matters' sets about uncovering the trillion dollar worldwide "Sickness Industry" and giving people some scientifically verifiable solutions for curing disease naturally."

Go to the official website: <http://www.foodmatters.tv>

{rokbox title=|RAW For 30-Days|size=|390 340|  
thumb=|images/raw.jpg|}http://www.youtube.com/v/jSuqCMI00w&hl=en&fs=1{/rokbox}

The film follows each participant's remarkable journey and captures their medical, physical, and emotional transformations brought on by this diet and lifestyle change. We witness moments of struggle, support, and hope as what is revealed, with startling clarity, is that diet can reverse diabetes\* and change lives.

Go to the official website: <http://www.rawfor30days.com>

{rokbox title=|Food Inc|size=|390 340| thumb=|images/food.jpg|}http://www.youtube.com/v/QqQVll-

MP3I&hl=en&fs=1{/rokbox}

In Food, Inc., filmmaker Robert Kenner lifts the veil on our nation's food industry, exposing the highly mechanized underbelly that's been hidden from the American consumer with the consent of our government's regulatory agencies, USDA and FDA. Our nation's food supply is now controlled by a handful of corporations that often put profit ahead of consumer health, the livelihood of the American farmer, the safety of workers and our own environment. We have bigger-breasted chickens, the perfect pork chop, insecticide-resistant soybean seeds, even tomatoes that won't go bad, but we also have new strains of e coli--the harmful bacteria that causes illness for an estimated 73,000 Americans annually. We are riddled with widespread obesity, particularly among children, and an epidemic level of diabetes among adults.

Go to the official website: <http://www.foodincmovie.com>

{rokbox title=|Fuel|size=|390 340|  
thumb=|images/fuel.jpg|}http://www.youtube.com/v/Jb4Z\_mwpMyQ&hl=en&fs=1{/rokbox}

"Fuel" is a vital, superbly assembled documentary that presents an insightful overview of America's troubled relationship with oil and how alternative and sustainable energies can reduce our country's -- and the world's -- addictive dependence on fossil fuels.

Go to the official website: <http://thefueilm.com>